SUTTON NEWSLETTER NO 245 NOVEMBER 2026

The Peninsula Practice

DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to ***14.30***	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	**CLOSED**
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to ***13.00***
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to ***13.00***
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to ***13.00***

Staff training is important for our practice. On the following days, surgery sites close from 1pm until the following day. All calls are redirected to 111. The specified site is open for booking future appointments and accessing repeat prescriptions.

• Wednesday 18th November 2026 • Thursday 11th February 2027

Our dispensaries will be no longer except cash.

Pay by Card, Apple Pay or Google pay where available.

Your Practice Team

When you contact us, you are triaged to the most appropriate healthcare professional, which can include our pharmacists and paramedics. Depending on your health concerns, they may be more suitable to support you than the GP and are able to direct you to appropriate care if more specialist treatment is required.

PARISH COUNCIL NEWS: if you have a problem or concern Clare can be contacted via the email address: clerk@suttonparish.gov.uk or on 07881 076494. The next Parish Council meeting is on Tuesday 17 November 2026 at 7pm in the Memorial Hall.

PLANNING if you have a comment to make on the following please contact the Planning Department at East Suffolk Council:

Planning Application no.: DC/26/3544/FUL Alterations to existing cottage. Replacement of rear extensions with new 1.5 storey extension and verandah and associated minor landscaping works Nut Tree Cottage, Wood Hall Drive, Sutton, Woodbridge, Suffolk IP12 3EQ

DC/26/3158/FUL - Retrospective application for construction of implement shed from 2 shipping containers and an adjoining room - Dairy Farm, Sutton Hoo, Sutton, Woodbridge, Suffolk

DC/26/3236/FUL– Construction of a single storey dwelling and access track with associated landscaping of wider site, covered by Section 106 agreement - Heath House , Redgrave Fields, Ford Hill, Sutton, Woodbridge

DC/26/3122/FUL - Installation of solar panels on front and side roof slopes and flat roof - 2 Wood Hall Drive, Sutton, Woodbridge, Suffolk, IP12 3EG

CITIZENS ADVICE for Free, confidential and independent advice:
Call on 0808 278 7866 between 10am to 2pm Monday to Friday or visit www.caes.org.uk for all the different ways to contact Citizens Advice.

SUTTON MEMORIAL HALL NEWS:

100 CLUB the winners for the draw last month were: 1st £30 Ball 3 Angie Mills, 2nd £20 Ball 29 Fred & Wendy Syrett, 3rd £15 Ball 14 Linda Gunson, 4th £10 Ball 22 Ron Backhouse. This draw brings in regular income for the play equipment fund and more numbers are available should anyone else wish to join. Please contact David on 01394 410279 for further details.



CHRISTMAS MARKET The Sutton Christmas Market will be held in the Memorial Hall on Saturday 21 November 10am-12.30pm when the hall will be packed with goodies for Christmas. There will be a selection of local craft people selling their wares which will include jewellery, hand sewn items, hand knitted items, Christmas decorations and more plus Christmas Hamper Raffle, Cakes and Bakes, Tombola, Raffle and Refreshments. Come along browse the stalls, enjoy a cuppa, bake and a chat. The market provides a good opportunity to do some Christmas shopping. Hope to see you there!



CHRISTMAS TEA PARTY will be held in the Memorial Hall on Monday 7 December 1.45 for 2pm there will be musical entertainment, followed by the Christmas Afternoon Tea and finally the raffle. For catering purposes we do require people to book by Monday 30 November by phoning Sue on 01394 411793 or emailing susancollins0911@gmail.com or Linda on 01394 410279 or linda.norton@hotmail.co.uk . I f you require transport to and from the hall please mention when you book, if you have any dietary needs again when mention when booing, thank you.

QUIZ NIGHTS WITH FISH AND CHIP SUPPER the next quiz will be held on Friday 11 December. For more details and to book phone 01394 411530. £12.50 per person, please bring your own drink. A raffle is held during the evening.

VILLAGE BREAKFAST the next breakfast will be in February, more details in future newsletter.

COFFEE AND CHAT will be held in the Memorial Hall on Thursday 5 November from 10am. All welcome.

JUMBLE SALE thank you to everyone who supported this event, whether you donated goods, helped in anyway, baked a cake or attended on the day THANK YOU.

BOOKINGS: to book the Memorial Hall please phone 01394 410279 or email suttonmhbookings@gmail.com

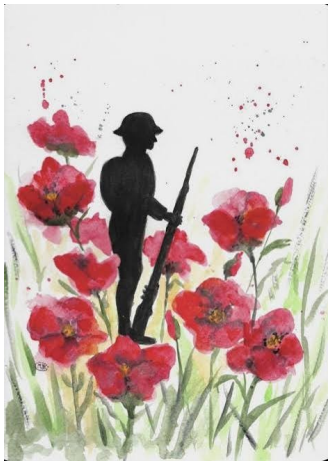
CHURCH NEWS The Rectors Ramblings

The Rectors Ramblings – November 2026

The clocks have gone back and the nights are drawing in, Autumn is coming to a close, and winter is about to set in. And of course, Strictly Come Dancing is back! We can sit back and watch the glittering sequinned costumes and the dancers waltz, samba and tango their way through the competition as we act as judges in our living rooms. And November is the marking of the end of the harvest season as we enter the season of remembering.

We begin with *All Saints Day* on the 1st November each year, when we remember and give thanks for the Saints and Martyrs who stayed faithful to God and gave their lives as examples of loyalty, courage and service to the glory of God.

On the 2nd November every year, we celebrate *All Souls Day* also known as *The Commemoration of the Faithful Departed*, when we remember with thanksgiving before God those we have personally known and loved who have died, those who had an influence on our lives or who made a difference to us, and who helped to shape us into the people we are today.



Then we have perhaps the biggest opportunity to remember when many of us come together to remember for Remembrance Sunday**.** We remember all those who gave their lives in the Great War, the Second World War and sadly, many conflicts since. We explore at these services the theme of memory, as we confront the ongoing issues of war and peace, loss and self-sacrifice.



As I write this, I have recently heard of the death of one of the few remaining Normandy Veterans, Ken Hay, aged 101. I knew Ken personally through my work as Chaplain for the Normandy Veterans Association and The Spirit of Normandy Trust, and had watched him emotionally remembering his brothers-in-arms who now lie “in a corner of a foreign field that is forever England” (Rupert Brook’s “The Soldier”). It was a privilege to know him.

We will remember them.

Ken, and many of the Normandy Veterans, would visit schools both here and in France, to talk about their experiences, not to frighten the children or glorify war, but in the hope that the next generation would learn that war is not the answer, but respect, peace and tolerance is the way forward. Sadly, with wars and conflicts still raging around the world, we are certainly taking our time to learn this lesson.

St Francis of Assisi said: *"Lord, make me an instrument of Your peace. Where there is hatred let me sow love; where there is injury pardon; where there is despair, hope; where there is darkness, light; and where there is sadness, joy".*

Even in the darkest of days and nights, we can all shine as lights within our communities and surroundings. We can become light and bring joy within challenging environments. We can all make a difference in someone's life, often with just a smile and a kind word.

As Edith Wharton, who in 1921, became the first woman to win the Pulitzer Prize for Fiction for her novel The Age of Innocence wrote "*There are two ways of spreading light, to be the candle or the mirror that reflects it"*.
We can be both.
With Love and Blessings, Rev Mandy Xx

CHURCH SERVICES IN NOVEMBER:

8 November 10.50	Remembrance Service for Sutton and Shottisham	All Saints Sutton
15 November 11.00	Communion	All Saints Sutton
22 November 11.00	Café Church	All Saints Sutton

ALL SAINTS CHURCH CLEANING the monthly clean will take place on Friday 6 November at 2p,m. If you are able to spare an hour to help, it would be much appreciated.

BOOK STALL now that autumn has arrived, it's nice to have a book to read in the darker evenings. All Saints Church has a well-stocked book stall at the back of the church on the table in front of the organ. Please do call in and choose a book for a small donation. There are also occasionally jig saw puzzles.

 **CHRISTMAS TREES, WREATHS AND NATIVITY DISPLAY**  it is a tradition that All Saints Church always looks very festive for the Christmas period and this year we will continue with the tradition of decorating the Church with wreaths, small Christmas trees and Nativity scenes. If you would like to take part the trees should be no larger than 3` either fresh or artificial and decorated in a modern or traditional theme. Battery lights can be used to decorate the trees. The wreaths can be greenery wreaths, or knitted, sewn etc. The wreaths, trees and nativity scenes should be left in Church by Monday 7 December and will be put in place later than week. Thank you.

FOOD BANK we are also collecting tinned and packeted food stuffs, toothpaste, soaps etc for the local food banks. Items can be left in All Saints Church thank you.

SALVATION ARMY are urgently requesting winter coats in good condition, scarves, gloves and hats. Also, they have young families in need and request baby blankets, cardigans, hats etc. If you are a Knit and Natter group you might like to consider helping this project. Any donations can be left in All Saints Church.

FRIENDSHIP LUNCH the next Friendship Lunch will be held on Thursday 19 November in the Memorial Hall, 12 for 12.30, £9 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 01394 411793.** If you require transport again, please phone Sue to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton please phone Sue.

SUTTON LADIES CLUB will be meeting in the Memorial Hall on Wednesday 11 November at 7pm when we will be making Christmas decorations followed by refreshments and a chat. £2 per person to cover hall costs. For further information contact Jacki on 01394 411530.

CLUB MARTIAL ARTS CLUB held on a Tuesday, Thursday evenings and Saturday morning in the Memorial Hall for children and adults. For more details regarding the
T.M.A.A Woodbridge Club please contact pauldtaylor@hotmail.co.uk

OUTREACH POST OFFICE VAN visits the Memorial Hall car park on a Thursday from approximately 10-10.45am all the usual post office facilities are available.

MOBILE LIBRARY visits Sutton on a Tuesday once a month in the lay-by by the Old Baptist Chapel in Main Road at 1535-1545. The date for 2026: 3 November, 1 and 29 December. If you have never used the mobile library it has a huge range of fiction and nonfiction books. The mobile library manager can reserve books for you to collect on the next visit. Books on library libraries can be borrowed for 8 weeks. Please remember, use it or lose it!!

WOODBRIDE PROBUS CLUB a luncheon club for retired or semi-retired men for all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday of each month at Woodbridge Golf Club. For more details, please contact roger952brown@hotmail.co.uk.

SUTTON BOWLS CLUB – Upcoming Social Events

Sutton Bowls Club has two exciting social events coming up, and we would love to invite everyone from the village and surrounding areas to join us!

🌭 Social Night – Saturday 14th November 2026

Our next social evening will be held at **Sutton Memorial Hall**, with doors opening at **6pm**. Tickets £10 per head. Come along and enjoy a relaxed evening with friends and neighbours. We'll be serving hot dogs, chips and coleslaw, followed by an evening of short mat bowls and a fun quiz. Please bring your own drinks.

You don't need to be a member of the bowls club to come along. Everyone is welcome, and it's a great opportunity to meet people, have a laugh and enjoy a lovely evening together.

**Christmas Party – Saturday 12th December 2026**

We're also looking forward to our annual Christmas Party, taking place at **Sutton Memorial Hall from 6pm**. Tickets are **£15 per person**, which includes a welcome drink on arrival.

There will be plenty of festive fun, games, a raffle and lots of Christmas cheer! Please bring your own drinks for the evening.

It's a wonderful opportunity to get together before Christmas and celebrate with friends, neighbours and fellow villagers.

Everyone is welcome at both events, whether you're a bowls club member or not. All money raised helps support Sutton Bowls Club and its future.

To book tickets or find out more, please contact Martyn on 07949 115068.

We hope to see lots of familiar faces, and hopefully some new ones too!

WICKHAM MARKET FLOWER CLUB meets on the fourth Thursday of the month at their new venue The Village Hall at Bredfield, doors open at 6.30pm for a 7pm start**.** New members are made very welcome and the first visit is free of charge. Refreshments, Sales Table and Raffle . The November is their Open Meeting and all tickets are priced at £12.00. The demonstrator is Rachael Borenkova `Christmas Magic and Merriment`. For more info please contact 01394 383666.

BAWDSEY MARKET in village hall on Saturday 21 November from 2pm.

THE PENINSULA SHED AT HOLLESLEY Regular meetings are held every Tuesday , and newcomers are always welcome. Feel free to drop by or reach out to us for more information. Let's make the peninsula a place where everyone feels valued and connected! www.peninsula-shed.org.uk email hello@peninsula-shed.org.uk
call 07421 557652

BROMESWELL CARPET BOWLS CLUB unfortunately the club has closed due to lack of members.

FIREWORKS at Woodhall Manor on firework night, they are silent ones, estimated time is 8.30pm.

Deadline for inclusion of news/information in the newsletter the 23rd of the month. If you would like to receive an electronic version of newsletter, please email susancollins0911@gmail.com by being on

the newsletter distribution list this enables us to email important information out to you straight away.