

# SUTTON NEWSLETTER NO 228 JUNE

## 2025



DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>

Staff training is important for our practice. On the following days, surgery sites close from 1pm until the following day. All calls are redirected to 111.

The specified site is open for booking future appointments and accessing repeat prescriptions.

- Wednesday 17<sup>th</sup> September 2025 - Alderton
- Thursday 16<sup>th</sup> October 2025 - Aldeburgh

### **Get up to date with your health**

June is chock-a-block with awareness days and weeks – let's have a look at a few:

1. Men's Health Week – check in with your physical and mental health; you could schedule a health check-up, complete a screening test for prostate cancer, join a local Men's Shed.
2. Diabetes Awareness Week – staying on top of your diabetes can help prevent damaging changes to your bodies, make sure you schedule and attend your check-ups.
3. World Blood Donor Day – with 4,300 donations needed each day on average, each person donating makes a big difference. Have a look online to see if you can donate.
4. Cervical Screening Awareness Week – nearly 33% of people don't attend their cervical screening tests – let's change that stat! Whatever your concern, please speak to us if you are hesitant about the cervical screen.

**PARISH COUNCIL NEWS:** If you have a problem or concern Mike Peates the Parish Clerk can be contacted via the email address: [clerk@suttonparish.gov.uk](mailto:clerk@suttonparish.gov.uk) or on 07850 422972. The next Parish Council meeting will be held on Tuesday 22 July at 7pm.

**PLANNING APPLICATION** If you have a comment to make on the following please contact the Planning Department at East Suffolk Council: New single storey dwelling and access track with associated landscaping of wider site, proposed to be covered by Section 106 agreement. - Part Land West Of Woodbridge Road Sutton Suffolk Ref. No: DC/25/0176/FUL | Received date: Thu 16 Jan 2025 | Status: Pending Consideration | Case Type: Planning Application

**VILLAGE WEBSITE;** <http://sutton.onesuffolk.net>

**CITIZENS ADVICE for Free, confidential and independent advice:** Call on 0808 278 7866 between 10am to 2pm Monday to Friday or visit [www.caes.org.uk](http://www.caes.org.uk) for all the different ways to contact Citizens Advice.

#### **SUTTON MEMORIAL HALL NEWS:**

**VANDALISM AND ANTI SOCIAL BEHAVIOUR** It is with regret and to the great disappointment of the members of the management committee of the Memorial hall that we have to report that vandalism/damage was carried out to the Memorial Hall over the last weekend 23/24 May and anti-social behaviour occurred in the play area in the early hours of Sunday Morning. The matter has been reported to the Police and we have received a crime no.

If you witnessed anything last weekend or do so in the future please do not hesitate to contact a member of the management committee. Thank you.

**CAR BOOT SALE** the next event will be held on Sunday 13 July at Sutton Memorial Hall Recreation Ground from 10am. Teas, coffees and bacon rolls on sale. Pitches £6 on day, £5 if prepaid. To book phone 01394 411793 or 01394 410279 or email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) Further car boot sale on 14 September.

**100 CLUB** the winners for the draw last month were: 1<sup>st</sup> £30 Ball 16 Michael Porter, 2<sup>nd</sup> £20 Ball 1 Jeff Collins, 3<sup>rd</sup> £10 Ball 12 John Mills, 4<sup>th</sup> £5 Ball 22 Ron Backhouse. This draw brings in a regular income for the play equipment fund and more numbers are available should anyone else wish to join in. Anyone can join at any time, for more details phone David on 01394 410279.

**VILLAGE BREAKFAST** the date for the next Village Breakfast is Saturday 7 June which is fully booked. Future Breakfast dates in 2025: 2 August, 4 October and 6 December.

**COFFEE AND CHAT** will be held on Thursday 5 June at 10am in the Memorial Hall.

**QUIZ NIGHTS** the Quiz Night includes a fish and chip supper £12 per person, 7pm for 7.30pm start the next event is on Friday 20 June. Dates for 2025 Friday 17 October and Friday 12 December. To book or for more details please contact Jacki on 01394 411530.

#### **CHURCH NEWS *The Vicar's Voice***

The church calendar for June is full of all kinds of Saints days, witnesses from down the centuries and all from over the world, and if we thought more about them, we would see that their lives could be of enormous inspiration to us.

Here are just a few: 1 June: Justin Martyr (circa 165), witnessed to Christ both through his life and writings. Born into a pagan family in Palestine, after his conversion he taught Christianity as a philosophy. He is remembered as the first Christian thinker to enter into dialogue with other faiths and philosophies, and for seeking to reconcile faith and reason. His witness in dialogue is an example in our diverse world now.

5 June: Boniface of Crediton, 'the Apostle of Germany'. Born in Devon, he was a monk, Latin scholar, poet, and priest. From 716 he became a missionary, working in modern Germany. He founded monasteries to be places of learning, and to

continue his evangelism. He is said to have had a deeper influence on Europe than any other Englishman!

9 June: Columba, Abbot of Iona Born in Ireland about 521, he became a monk and founded several monasteries. He was called to Scotland, a pagan country, and founded a monastery on Iona. He wanted his monks to be missionaries, and Iona became the starting point for the expansion of Christianity throughout Scotland. The Celtic church's love and respect for the natural world has been rediscovered by the church today.

18 June: Bernard Mizeki, a more modern witness. Born in Portuguese East Africa in the 19<sup>th</sup> century, he went to work in Cape Town where he was converted to Christianity. He gave the rest of his life as a translator and evangelist among the MaShona people in Zimbabwe. He is revered across Central Africa as a witness to Christ.

19 June: Sundar Singh was born into a wealthy Sikh family, but after having a vision he converted to Christianity, and was baptised at Simla in 1905. To try to present the faith in a Hindu form, he wore the robes of a traditional holy man, and travelled around much of India. He even visited Tibet, but in 1929 he mysteriously went missing.

22 June: St Alban, Alban takes us back to the earliest days of the church in this country. Although a pagan, he sheltered a Christian priest from persecution, and was converted by the priest's devotion to prayer.

At the end of June we celebrate *Petertide* celebrating Peter and Paul, the two greatest of the Apostles, two of the greatest witnesses for Christ. And two very different men, one a fisherman and the other a scholar, both who shaped the early church. It is at this time of the year that all new Deacons and Priests are ordained into the Apostolic succession. This year, our very own Rev'd Gregory Gooch will be ordained Priest, and will preside at his first Eucharist on Sunday 29th at the Church of St Felix, Rendlesham, This will be a joyous and blessed occasion, so please join us if you can, to support Greg and his family in this new chapter of witnessing faith through his ministry among us.

### **Rev. Mandy Xx**

**DATE FOR YOUR DIARY: STRAWBERRY AFTERNOON TEA** on Saturday 5 July at Sutton Memorial Hall, £6 per person, from 2pm plus raffle all in aid of Flower Festival flower fund . To book please phone 01394 411793 or email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com)

### **CHURCH SERVICES IN JUNE:**

1 June	9.30	Morning Praise	Sutton Heath
15 June	11.00	Communion	All Saints Sutton
22 June	11.00	Café Church	All Saints Sutton

**GIRLS NIGHT OUT** the next event will be held on Friday 22 August, 6.30 for 7pm , £7 per person. Unfortunately the event for June has been cancelled. Places must be booked by phoning Sue on 01394 411793 or emailing [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com)

**FRIENDSHIP LUNCH** the next Friendship Lunch will be held on Thursday 19 June in the Memorial Hall, 12 for 12.30. The price of the meal is £7 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 01394 411793.** If you require transport again, please phone Sue to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton please phone Sue.

**KNIT AND NATTER** will be held in the Memorial Hall on Friday 6 June from 2pm. You do not have to be a knitter to attend, all crafts welcome. £2 per person to cover cost of hall and refreshments.

**MARTIAL ARTS CLUB** held on a Tuesday, Thursday evenings and Saturday morning in the Memorial Hall for children and adults. For more details regarding the T.M.A.A Woodbridge Club please contact [pauldtaylor@hotmail.co.uk](mailto:pauldtaylor@hotmail.co.uk)

**OUTREACH POST OFFICE VAN** visits the Memorial Hall car park on a Thursday from approximately 10-10.45am all the usual post office facilities are available.

**MOBILE LIBRARY** visits Sutton on a Tuesday once a month in the lay-by by the Old Baptist Chapel in Main Road at 1535-1545. The dates for 2025: 17 June, 15 July, 12 August, 9 September, 7 October, 4 November, 2 December and 30 December.

**WOODBRIE PROBUS CLUB** a luncheon club for retired or semi-retired men for all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday of each month at Woodbridge Golf Club. For more details please contact [enquiries@woodbridgeprobus.org.uk](mailto:enquiries@woodbridgeprobus.org.uk).

**PILATES CLASS** classes are held at Hollesley Village Hall on a Monday evening and Wednesday morning.

**SUTTON BOWLS CLUB** Sutton bowls club is hosting it's BBQ social nights again on the 4 July at 6pm till finish. We welcome you to come and join us at our Bowls Club for a roll up. £6 per head includes burger, hot dog, coleslaw and salad, followed by cakes. Bring your own drinks. Please bring some extra pennies for the raffle. We look forward to seeing you there. Please contact Martyn Pryke (Club Secretary) on 07949115068

**WICKHAM MARKET FLOWER CLUB** meets on the fourth Thursday of the month at the Village Hall in Wickham Market doors open at 6.30pm for a 7pm start. New members are made very welcome and the first visit is free of charge. Refreshments, Sales Table and Raffle, hope to see you there! The June meeting will be held on Thursday 26 June when Naomi Wells will be demonstrating 'Stories'.

**ALL SAINTS FLOWER FESTIVAL** on the theme 'An Invitation to .....

 will be held at All Saints Church on Saturday 9 and Sunday 10 August. Does anyone have a top hat that we could borrow as a prop for one of the displays please.

**ST MARY'S BAWDSEY FLOWER FESTIVAL** Saturday 21 and Sunday 22 June, 11am-5pm each day. Short Thanksgiving Service on Sunday at 11am.

**HOLLESLEY VILLAGE HALL EVENT** Bill Biggins Jazz Quartet on Saturday 14 June 7.30pm Doors open 6.30pm Tickets £10 phone 01394 411376.

**SANDLINGS SCHOOL** Hello from us all here at Sandlings!

We can't quite believe how quickly time is flying as it's already the summer term and we haven't even told you all the amazing things that happened at school before the Easter holidays!

Just before we broke up for the holidays, the whole school was lucky enough to enjoy a special visit from a string quartet called Playground Proms.  
(<https://www.playgroundproms.net/>)

They put on a brilliant concert, filled with classical music, and made it fun and exciting by dancing and performing with their instruments. Parents and the Mayor of Woodbridge came along too, everyone was absolutely captivated! it was a real treat!

We also had a visit from a local farmer, who brought along his tractor to teach us all about life on the farm. It was a really fascinating session and the children asked so many great questions, making good use of all their Oracy skills.

Some of our older pupils also had the chance to take part in an epic cross-country run at the Royal Hospital School. They all did incredibly well and we were so proud of their effort and determination over quite a challenging course!

And finally, we're thrilled to have been chosen by the Groundworks charity (<https://www.groundwork.org.uk/>) to have a small wildflower meadow created on our school field. We can't wait to see it come to life as the flowers begin to bloom. What a lovely addition to our outdoor space! The bees and insects will love it!

Wishing everyone a happy and sunny term ahead! Miss Toal and all of the Sandlings team and children ☺ Best wishes, Miss Toal, the School Council and the Sandlings team

**BAWDSEY SCHOOL** At Bawdsey C of E School we celebrated Easter in church, each class chose something different to show; artwork, poetry and even a chick song.

In the last week before Easter we held a 4k sponsored local walk raising money for the Bawdsey School Association (BSA) who pay for all our school trips in the year- we raised over £1,300! Also on the walk along the coast, the children received sweet treats for Easter from the BSA.

For the 80 year anniversary of VE Day we wore red, white and blue and had a very thought provoking and interesting assembly. Our assembly was led by Mr Bob Loughlin MBE, a veteran who has served in many places around the world in the RAF and was a Beefeater at the Tower of London. The children asked him some excellent questions. After our picnic lunch with traditional fish and chips (in the hall as it was quite windy!) we went outside and did a variety of activities that the children in the 1940s might have played.

**HOLLESLEY FETE** The Hollesley Fete takes place on Saturday 28th June at the Recreation Ground from 12.30pm. Anyone wishing to have a stall can contact Mike Peates at [mikep1865@gmail.com](mailto:mikep1865@gmail.com)

**WHAT`S ON:**

**21 June** Bawdsey Market – 2.00-4.00pm, Bawdsey Village Hall  
**21/22 June** Flower Festival – 11.00am-5.00pm, St Mary's Bawdsey  
**Suffolk Punch Trust** see [www.suffolkpunchtrust.org](http://www.suffolkpunchtrust.org) for days/times  
**Marsh Barn Café** RSPB Reserve, Hollesley 10.00am-2.00pm daily  
**Deben Ferry** 1 May-30 September daily, 10.00am-5.00pm, dependant on weather  
**Mobile Post Office** every Thursday 11.30am-12.30pm, Alderton Village Hall  
**Chair-based Exercise Class** 10.30am Tuesdays, Bawdsey Village Hall, ring Jane 411373

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Deadline for inclusion of news/information in the newsletter the 23<sup>rd</sup> of the month. If you would like to receive an electronic version of newsletter, please email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) this also enables us to get urgent information out to you.