

# SUTTON NEWSLETTER NO 229 JULY 2025



DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>

Staff training is important for our practice. On the following days, surgery sites close from 1pm until the following day. All calls are redirected to 111.

The specified site is open for booking future appointments and accessing repeat prescriptions.

Wednesday 17th September 2025 - Alderton

Thursday 16th October 2025 - Aldeburgh

**East Anglian Air Ambulance** We are very proud to be supporting East Anglian Air Ambulance with collection points for clothes and shoes. We have these points available at our Alderton and Aldeburgh surgeries where you can bring bagged clothes and shoes to donate. They are visible in bright yellow.

East Anglian Air Ambulance are our partners in providing care to our patient population and we are happy to continue to be supporting them in this way.

01394 411641

peninsula.practice@nhs.net

<https://www.thepeninsulapractice.co.uk>

**Clinician and appointment availability** We continue to offer a wide range of appointments and try to prioritise patient choice. This includes face to face, video, telephone, online, early morning, later evening and weekends (extended hours GP+) appointments. As a multi-site practice we will also offer the next available appointment even if it is not the closest site to you.

**PARISH COUNCIL NEWS:** If you have a problem or concern Mike Peates the Parish Clerk can be contacted via the email address: [clerk@suttonparish.gov.uk](mailto:clerk@suttonparish.gov.uk) or on 07850 422972. The next Parish Council meeting will be held on Tuesday 22 July at 7pm.

**MARY WARNER'S EDUCATIONAL FOUNDATION** The Trustees of Mary Warner's Educational Foundation have asked me to contact you concerning their Charity. As you may know the Charity is empowered to make grants to students who are under the age of 25 and who live (or whose parents live) in the Parishes of Boyton, Butley, Capel St. Andrew, Shottisham, Sutton, Bawdsey, Alderton and Hollesley and who may be in need of financial assistance.

The monies must be used for 'promoting education' and can include:-

1. Awarding to eligible students scholarships, exhibitions, bursaries, maintenance allowances or grants tenable at any school, university, college of education, or other institution of further (Including professional and technical) education approved for the purpose by the Trustees.
2. Providing financial assistance, outfits, clothing, tools, instruments or books to assist such persons to pursue their education (including the study of music and other arts), to undertake travel in furtherance thereof, or to prepare for or enter a profession, trade or service on leaving school, university, or other educational establishment.

The Trustees will be looking to make a fresh set of grants to such students at their next meeting the date of which is not yet known. If you know of any students in our Parish who may benefit from a grant, can you please contact [Jonathan.Margarson@atkinsdellow.com](mailto:Jonathan.Margarson@atkinsdellow.com) 01986 834033, so that they can send an application form. Preferably applications should be submitted after examination results are known and (if applicable) a college place has been confirmed.

**VILLAGE WEBSITE;** <http://sutton.onesuffolk.net>

**CITIZENS ADVICE for Free, confidential and independent advice:** Call on 0808 278 7866 between 10am to 2pm Monday to Friday or visit [www.caes.org.uk](http://www.caes.org.uk) for all the different ways to contact Citizens Advice.

#### **SUTTON MEMORIAL HALL NEWS:**

**CAR BOOT SALE** will be held on Sunday 13 July at Sutton Memorial Hall Recreation Ground from 10am. Teas, coffees and bacon rolls on sale. Pitches £6 on day, £5 if pre booked. To book phone 01394 411793 or 01394 410279 or email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com)

**100 CLUB** the winners for the draw last month were: 1<sup>st</sup> £30 Ball 13 Ruth Bentley, 2<sup>nd</sup> £20 Ball 10 Joan Scanlan, 3<sup>rd</sup> £10 Ball 6 Joy Porter, 4<sup>th</sup> £5 Ball 3 Angie Mills

This draw brings in a regular income for the play equipment fund and more numbers are available should anyone else wish to join in. Anyone can join at any time, for more details phone David on 01394 410279.

**VILLAGE BREAKFAST** the date for the next Village Breakfast is Saturday 2 August. Future Breakfast dates in 2025: 4 October and 6 December.

**COFFEE AND CHAT** will be held on Thursday 4 July at 10am in the Memorial Hall.

**QUIZ NIGHTS** the Quiz Night includes a fish and chip supper £12 per person, 7pm for 7.30pm start the next event is on Friday 17 October. Dates for 2025 Friday 17 October and Friday 12 December. To book or for more details please contact Jacki on 01394 411530.

#### **CHURCH NEWS** Dear All,

I am delighted to be able to write my first article for the varying parish magazines which go out across the Wilford Peninsula. For those of you who may not know me, my name is Rev. Greg and I am an Assistant Curate in The Wilford Benefice serving mainly within the Rendlesham Cluster.

As I write this, we have just celebrated the feast of Pentecost - also known as 'The Birthday of the Church'. At St. Felix Church in Rendlesham we had a joyous service for Pentecost with some wonderful flame inspired crafts and crowns creatively made by the children. Rev Mandy and I were fortunate enough to have crowns made for us to wear too!

The Day of Pentecost marks fifty days since Easter Day and brings the Easter season to an end. The name of the day itself is derived from the Greek word "pentecoste," meaning 50th.

Pentecost often evokes vivid imagery of wind, fire, and divine inspiration. Traditionally associated with the descent of the Holy Spirit upon the apostles, it is symbolized by tongues of flame and the speaking of many languages. Wearing red, celebrating with lively worship, and feeling united with Christians everywhere make this one of the most vibrant and meaningful events in the Christian year.

Pentecost is a celebration that marks the beginning of the Church and reminds us of the moment when the Holy Spirit filled the followers of Jesus with courage and purpose. It's a story of people from many places and languages coming together, united by something bigger than themselves. Today, in a world that often feels divided and uncertain, Pentecost asks us: how does this affect us here and today? Well I think it encourages us to think about how we can bring people together, listen to each other, and share hope in our communities. Pentecost isn't just a story from the past—it's a call to action for how we live and care for one another in the here and the now.

For those of you who watch the news, what happens outside of Suffolk, or even the UK, can seem extremely unnerving, terrifying and desperately sad. During a recent clergy training event we were asked to reflect on where we had sensed God's presence in our day to day lives and interactions as well as where we had sensed God's absence. I had been watching the BBC News on TV only two days beforehand, and as the stories unfolded, I felt a deep sense of despondency. So many reports were filled with heartbreak—conflict, suffering, and fear etched into the faces of people caught in terrible situations. It was overwhelming to see just how much sadness and terror there is in the world right now, and it left me feeling heavy and helpless. So when asked where do I see God's absence I talked about some of the situations I had seen and how helpless it had left me feeling. But even in the darkest valleys, God has not abandoned the world. He is working — in the hearts of the faithful who remain, in the courage of peacemakers, in the hands of those offering food, shelter, and prayer. His Spirit moves through broken places, redeeming and restoring in ways we may not always see.

However my colleague was able to help me work through this, and I then realised that perhaps there's another layer of God's whisper in all this: a calling not just to grieve for the distant, but to reflect on our own neighborhoods, relationships, and communities. So yes, we must pray for those suffering overseas. We must give, advocate, and remain informed. But we must also ask ourselves: How can the Holy Spirit work through me in those places nearby where I can make a difference? Where I can make a difference in bringing about peace, love and unity. And often it can be those spontaneous, random acts of kindness - they may be small in scale but big in impact — and they can ripple out further than you realise.

Pentecost reminds us that God's Spirit is not distant or reserved for the few — it is poured out on *all* who believe. On that day, the early church was filled with boldness, unity, and a burning desire to share God's love. Today, we are invited to live in that same Spirit — to speak hope, build bridges, and be led by God's power in our ordinary lives. Pentecost isn't just a moment in

history; it's a call to carry the flame forward — to let the Holy Spirit work through us as we strive to bring peace, love and kindness to as many people as we can. We may not be able to fix everything in the world, but we can make a real difference by loving well and bringing peace right where we are.

So let us not only mark Pentecost on that 50th day after Easter Day, but each and every day by letting God's love flow through us wherever we go.

With love and prayers, *Rev. Greg*

**STRAWBERRY AFTERNOON TEA** on Saturday 5 July at Sutton Memorial Hall, £6 per person, from 2pm plus raffle all in aid of Flower Festival flower fund . Places are limited and only a few places are left so please phone 01394 411793 or email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com)

**CHURCH SERVICES IN JULY:**

<b>6 July</b>	9.30	Morning Praise	Sutton Heath
20 July	11.00	Communion	All Saints Sutton
27 July	11.00	Café Church	All Saints Sutton

**GIRLS NIGHT OUT** the next event will be held on Friday 22 August, 6.30 for 7pm , £7 per person. Unfortunately the event for June has been cancelled. Places must be booked by phoning Sue on 01394 411793 or emailing [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com)

**FRIENDSHIP LUNCH** the next Friendship Lunch will be held on Thursday 17 July in the Memorial Hall, 12 for 12.30. The price of the meal is £7 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 01394 411793.** If you require transport again, please phone Sue to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton please phone Sue.

**KNIT AND NATTER** will be held in the Memorial Hall on Friday 4 July from 2pm. You do not have to be a knitter to attend, all crafts welcome. £2 per person to cover cost of hall and refreshments.

**MARTIAL ARTS CLUB** held on a Tuesday, Thursday evenings and Saturday morning in the Memorial Hall for children and adults. For more details regarding the T.M.A.A Woodbridge Club please contact [pauldtaylor@hotmail.co.uk](mailto:pauldtaylor@hotmail.co.uk)

**OUTREACH POST OFFICE VAN** visits the Memorial Hall car park on a Thursday from approximately 10-10.45am all the usual post office facilities are available.

**MOBILE LIBRARY** visits Sutton on a Tuesday once a month in the lay-by by the Old Baptist Chapel in Main Road at 1535-1545. The dates for 2025: 15 July, 12 August, 9 September, 7 October, 4 November, 2 December and 30 December.

**WOODBRIE PROBUS CLUB** a luncheon club for retired or semi-retired men for all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday of each month at Woodbridge Golf Club. For more details please contact [enquiries@woodbridgeprobus.org.uk](mailto:enquiries@woodbridgeprobus.org.uk).

**PILATES CLASS** classes are held at Hollesley Village Hall on a Monday evening and Wednesday morning.

**SUTTON BOWLS CLUB** Sutton bowls club is hosting it's BBQ social nights again on the 11 July at 6pm till finish (please note change of date). We welcome you to come and join us at our Bowls Club for a roll up. £6 per head includes burger, hot dog , coleslaw and salad, followed by cakes. Bring your own drinks. Please bring some extra pennies for the raffle . We look forward to seeing you there. Please contact Martyn Pryke (Club Secretary) on 07949115068

**WICKHAM MARKET FLOWER CLUB** meets on the fourth Thursday of the month at the Village Hall in Wickham Market doors open at 6.30pm for a 7pm start. New members are made very welcome and the first visit is free of charge. Refreshments, Sales Table and Raffle, hope to see you there! The June meeting will be held on Thursday 24 July when Elaine Boobier will be demonstrating 'My Life in Flowers'.

**ALL SAINTS FLOWER FESTIVAL** on the theme 'An Invitation to .....

' will be held at All Saints Church on Saturday 9 and Sunday 10 August.

**RACE NIGHT** on Saturday 5 July at All Saints Hollesley. Come and enjoy a fun evening of excitement and friendship! Tickets £5 including Bangers and Mash supper. For tickets and more information contact Juliet 07808762622

**BAWDSEY SCHOOL** Bawdsey C of E Primary School has, as always, been a hive of learning, activities and fun for the children. We were very proud of our year 6 children trying extremely hard in their SAT tests, they are now enjoying practising for their performance of the Jungle Book and Sports day coming up this half term and they have just had an amazing residential trip to PGL at Bawdsey Manor. Year 3 and 4 were able to visit Sutton Hoo and found out all about this historical treasure on our doorstep, it really helped their settlers topic come to life. Bishop Graeme for the Ipswich and St. Edmundsbury area came to lead an assembly about new beginnings for the school, to celebrate our joining the 'Tilian Partnership' of schools. The children enjoyed giving Bishop Graeme a tour and telling him what they love about our school too. Oak class made delicious buns in our teaching kitchen for the whole school to have refreshments afterwards. We took part in the local Woodbridge schools and surrounding areas swimming gala and came second with Silver overall. For the tennis competition with the Suffolk School Games we also achieved second overall. The children are looking forward to all the remaining opportunities for the rest of this term.

**SANDLINGS SCHOOL** Hello from us all here at Sandlings!

We are all incredibly proud of our latest OFSTED report (June 2025) and what the report says about Sandlings. It reflects the hard work of our fantastic team, the enthusiasm and positivity of our wonderful children, and the encouragement and support from Parents and Carers and local community.

The inspection highlighted many strengths. One of our favourite lines from the report is that "*pupils love their school*". The report described our school as "*caring, nurturing, and having a family feel*"

Some other highlights from the report:

- *Pupils behave exceptionally well, work hard, and show real pride in what they do.*
- *The curriculum is carefully designed to support every child, including those with SEND and those who join us mid-year.*
- *Reading is a real strength across the school, with a love of books and fluent reading starting from the earliest years.*
- *Staff are knowledgeable, dedicated and passionate about helping every child succeed.*
- *The school prioritises pupils' personal development well and this is a strength of the school.*
- *Pupils feel safe, respected, and valued. They look out for one another, show kindness, and take real pride in upholding the school values.*

*In other news On the 3rd of June Suffolk Archaeology worked with years 3/4 on Romans and 5/6 on Anglo Saxons. Children were able to learn about archaeological digs in Suffolk and the finds, as well as explore real artefacts.*

*Year 5/6 continued this work with a visit to Sutton Hoo and were thrilled to have met Time Team! The children showed the team the artefacts we had found under our field when a parent did some metal detecting!*

Best wishes, Miss Toal, the School Council and the Sandlings Team

<b>HOLLESLEY VILLAGE HALL</b> Saturday 26 July 7.30pm Suffolk Constabulary Male Voice Choir £10 phone 01394 411376
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Deadline for inclusion of news/information in the newsletter the 23<sup>rd</sup> of the month. If you would like to receive an electronic version of newsletter, please email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com)